

2019 MAJOR – Counselling Theory and Principles

(Qualifying Major for Bachelor of Psychology (Honours) with the degree of Bachelor of Human Sciences)

This major will enhance students' understanding of contemporary approaches to counselling and their applications in the workplace and community. It will provide exposure to current theories of counselling and psychotherapy, with a strong emphasis on evidence-based approaches and ethical practice. Although this major will not qualify students as professional counselors, it will help them to develop the understanding and reflective listening required for working with people who need help in dealing with difficult personal issues. The knowledge and understanding students acquire from this major will assist them in obtaining employment in a diverse range of human and community health and welfare contexts and will complement the Psychology component of the double degree.

Admission to the honours (fifth) year of this program will be determined by academic merit. The honours year commences in semester 1 only and is two semesters in duration. In this year students will plan and engage in an independent and sustained critical investigation and evaluation of a chosen research topic that will match their strengths and career interests.



The table below is a suggested first session for students beginning in Session 2, 2019. Please make your selection of units after reviewing the requirements of your award in the 2019 Handbook:

www.handbook.mq.edu.au/2019/DegreesDiplomas/Degree/Bachelor+of+Psychology+%28Honours%29+with+the+degree+of+Bachelor+of+Human+Sciences

Suggested First Session

Session 2, 2019


Unit Code	Unit Name
PSYC105	Introduction to Psychology II
ANTH150 or PHL132	Identity and Difference: Introduction to Anthropology Happiness, Goodness and Justice
ABST100 or LING109	Introduction to Indigenous Australia Language, Culture and Communication
Elective	Choose an elective unit

- You must also meet the general requirements for the degree for which you will qualify.
- It may be possible to satisfy the requirements of your degree by taking a different selection of units in your first session from those suggested above.
- Consider what units you will want to study in second and third year. Prerequisite requirements for those units must be completed prior to enrolment in the higher-level unit.

FIND OUT MORE
CONTACT: STUDENT CONNECT
LEVEL 2, MUSE C7A PHONE: 9850 6410
Macquarie University NSW 2109 Australia
Handbook.mq.edu.au

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- You can receive specific program advice from the faculty at any stage in your degree by lodging a “Program Advice” enquiry via <http://ask.mq.edu.au>.
- Progression to honours is completed in the 5th year, subject to a specified level of high achievement. On completion of this degree, students are able to proceed to postgraduate training in psychology and towards registration as a psychologist.



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