

# 2017 MAJOR – Counselling Theory and Principles

(Qualifying Major for Bachelor of Human Sciences)

This major will enhance students' understanding of contemporary approaches to counselling and their applications in the workplace and community. It will provide exposure to current theories of counselling and psychotherapy, with a strong emphasis on evidence-based approaches and ethical practice. Although this major will not qualify students as professional counselors, it will help them to develop the understanding and reflective listening required for working with people who need help in dealing with difficult personal issues. The knowledge and understanding students acquire from this major will assist them in obtaining employment in a diverse range of human and community health and welfare contexts.



**The table below is a suggested first session for students beginning in Session 2, 2017.** Please make your selection of units after reviewing the requirements of your award in the 2017 Handbook:

[www.handbook.mq.edu.au/2017/DegreesDiplomas/Degree/Bachelor+of+Human+Sciences](http://www.handbook.mq.edu.au/2017/DegreesDiplomas/Degree/Bachelor+of+Human+Sciences)

## Suggested First Session

### Session 2, 2017

Unit Code	Unit Name
PSYC105	Introduction to Psychology II
ANTH150 or PHL132 or ICOM101	Identity and Difference: Introduction to Anthropology Happiness, Goodness and Justice Intercultural Relations
LING109 or EDUC105 or ABST100	Language, Culture and Communication Education: The Psychological Context Introduction to Indigenous Australia
Elective	Choose a People or Planet unit

- You must also meet the general requirements for the degree to which you will qualify.
- It may be possible to satisfy the requirements of your degree by taking a different selection of units in your first year from those suggested above.
- Consider what units you will want to study in second and third year. Prerequisite requirements for those units must be completed prior to enrolment in the higher unit.
- For a double major complete required units for both majors where possible in the first year. If considering a double major consult the criteria found at [www.handbook.mq.edu.au/2017/Majors](http://www.handbook.mq.edu.au/2017/Majors).
- All students must complete one People unit and one Planet unit. Criteria and available units can be viewed at [www.handbook.mq.edu.au/2017/Units/Planet](http://www.handbook.mq.edu.au/2017/Units/Planet) and [www.handbook.mq.edu.au/2017/Units/People](http://www.handbook.mq.edu.au/2017/Units/People).
- You can receive specific program advice from the faculty at any stage in your degree by lodging a "Program Advice" enquiry via <http://ask.mq.edu.au>.

FIND OUT MORE  
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[Handbook.mq.edu.au](http://Handbook.mq.edu.au)

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