



2018 MAJOR – Counselling Theory and Principles

(Qualifying Major for Bachelor of Human Sciences)

This major will enhance students' understanding of contemporary approaches to counselling and their applications in the workplace and community. It will provide exposure to current theories of counselling and psychotherapy, with a strong emphasis on evidence-based approaches and ethical practice. Although this major will not qualify students as professional counselors, it will help them to develop the understanding and reflective listening required for working with people who need help in dealing with difficult personal issues. The knowledge and understanding students acquire from this major will assist them in obtaining employment in a diverse range of human and community health and welfare contexts.



The table below is a suggested first year program guide to support your enrolment. Please make your selection of units after reviewing the requirements of your award in the 2018 Handbook:

www.handbook.mq.edu.au/2018/DegreesDiplomas/Degree/Bachelor+of+Human+Sciences

Suggested First Year

Session 1, 2018

Session 2, 2018

Unit Code	Unit Name	Unit Code	Unit Name
PSYC104	Introduction to Psychology I	PSYC105	Introduction to Psychology II
SOC175 * or ECH130 or Elective	Australian Society Health and Wellbeing ANTH, GEN or PHIL unit at 100 level	ANTH150 * or PHL132 * or ICOM101	Identity and Difference: Introduction to Anthropology Happiness, Goodness and Justice Intercultural Relations
EDUC105 or ABST100 or Elective	Education: The Psychological Context Introduction to Indigenous Australia ANTH, GEN or PHIL unit at 100 level	LING109 or Elective or Elective	Language, Culture and Communication ECH or EDUC unit at 100 level ANTH, GEN or PHIL unit at 100 level
Elective	Choose a People or Planet unit	Elective	Choose a Planet or People unit

- You must also meet the general requirements for the degree for which you will qualify.
- It may be possible to satisfy the requirements of your degree by taking a different selection of units in your first year from those suggested above.
- * You must choose at least one of SOC175, ANTH150 and PHL132.
- Consider what units you will want to study in second and third year. Prerequisite requirements for those units must be completed prior to enrolment in the higher-level unit.
- For a double major complete required units for both majors where possible in the first year. If considering a double major consult the criteria found at www.handbook.mq.edu.au/2018/Majors.
- All students must complete one People unit and one Planet unit. Criteria and available units can be viewed at www.handbook.mq.edu.au/2018/Units/Planet and www.handbook.mq.edu.au/2018/Units/People.

FIND OUT MORE
CONTACT: STUDENT CONNECT
LEVEL 2, MUSE C7A PHONE: 9850 6410
Macquarie University NSW 2109 Australia
Handbook.mq.edu.au

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- You can receive specific program advice from the faculty at any stage in your degree by lodging a “Program Advice” enquiry via <http://ask.mq.edu.au>.



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