

# 2019 MAJOR – Counselling Theory and Principles

(Qualifying Major for Bachelor of Arts - Psychology with the degree of Bachelor of Human Sciences)

This major will enhance students' understanding of contemporary approaches to counselling and their applications in the workplace and community. It will provide exposure to current theories of counselling and psychotherapy, with a strong emphasis on evidence-based approaches and ethical practice. Although this major will not qualify students as professional counselors, it will help them to develop the understanding and reflective listening required for working with people who need help in dealing with difficult personal issues. The knowledge and understanding students acquire from this major will assist them in obtaining employment in a diverse range of human and community health and welfare contexts and will complement the Psychology studies from that component of the double degree.



**The table below is a suggested first session for students beginning in Session 2, 2019.** Please make your selection of units after reviewing the requirements of your award in the 2019 Handbook:

[www.handbook.mq.edu.au/2019/DegreesDiplomas/Degree/Bachelor+of+Arts+-+Psychology+with+the+degree+of+Bachelor+of+Human+Sciences](http://www.handbook.mq.edu.au/2019/DegreesDiplomas/Degree/Bachelor+of+Arts+-+Psychology+with+the+degree+of+Bachelor+of+Human+Sciences)

Suggested First Session	
Session 2, 2019	
Unit Code	Unit Name
PSYC105	Introduction to Psychology II
ANTH150 or PHL132	Identity and Difference: Introduction to Anthropology Happiness, Goodness and Justice
LING109 or Elective	Language, Culture and Communication ANTH, EDUC or PHL unit at 100 level
Elective	Choose an elective unit

- You must also meet the general requirements for the degree for which you will qualify.
- It may be possible to satisfy the requirements of your degree by taking a different selection of units in your first session from those suggested above.
- Consider what units you will want to study in second and third year. Prerequisite requirements for those units must be completed prior to enrolment in the higher-level unit.
- You can receive specific program advice from the faculty at any stage in your degree by lodging a "Program Advice" enquiry via <http://ask.mq.edu.au>.

FIND OUT MORE  
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Macquarie University NSW 2109 Australia  
[Handbook.mq.edu.au](http://Handbook.mq.edu.au)

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